

CURRICULUM VITAE

Dr. Nazir Ahmad Var

MD Microbiology

**Govt. Medical College Doda, Jammu and Kashmir,
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PROFESSIONAL QUALIFICATION:

- **MD Microbiology from Sher-I-Kashmir Institute of Medical Sciences (SKIMS), Srinagar (J&K), India (2018).**
- **Bachelor of Medicine and Bachelor of Surgery (2000), Govt. Medical College Srinagar.**
- **Assistant Professor, Department of Microbiology, Govt. Medical College Doda J&K**

BRIEF PARTICULARS OF EXPERIENCE:

- **ER resident in King Khalid Hospital Hail Saudi Arabia 2012 to 2014**
- **Senior Resident Microbiology at Department of Microbiology, Government Medical College Baramulla (March 2019)**
- **One year diploma in Emergency medicine from Apollo Hospital and RCGP UK in 2011 to 2012**
- **ICU resident at Apollo Hospital Delhi 2010 to 2011**
- **ER Resident Gezan General Hospital, Saudi Arabia 2003 to 2010**
- **Worked as Emergency physician at Ahmed Hospital 2002 to 2003**
- **House job In Orthopedics' 2001 to 2002.**

Microbiologist:

- **MD in Microbiology with special interest in infection control.**
- **Six months fellowship in ICU management from Apollo Hospital. Delhi**
- **Six months certificate course in management of diabetes.**
- **One year diploma in Emergency medicine [RCGP UK]**
- **BLS/ATLS**
- **Participated in Hospital infection control management Programme**

AREAS OF EXPERTISE:

- Performing routine diagnostic testing for Infectious diseases
- Well versed with bacteriology, mycology, virology and parasitology.
- Responsible for specimen processing.
- Screening and diagnostic tests
- Responsible for ELISA, PCR, RTPCR testing
- Performing antibiotic susceptibilities utilising manual and automated technology such as Vitek 2 and Bacti alert.
- Performing quality control checks in various departments of the hospital including ICU, CCU, Neonatal ICU and Hospital Pantry.
- Researching new modalities of treatment for resistant diseases.
- Providing training and instruction to new technical staff.

WORKSHOP/CONFERENCES/TRAINING ATTENDED:

1. Attended "The 2nd TAIF National Diabetes Conference" At King Abdul Aziz specialist Hospital 18-19 March 2008.
2. Received Certificate in training program titled "Operation and Software Application Training on VITEK 2 Compact System and Bac/T Alert 3D System" at Microbiology Department ,Mangalam Diagnostic Hisar.
3. Participated in CME Cardiopulmonary Resuscitation organized by Saudi commission of Health specialities.
4. Participated in 9th Biennial Conference of Gastrointestinal infection Society of india, GISICON 2023 on 1st and 2nd September 2023.
5. Participated in TRAUMACON'22 held in GMC Doda on 30th & 31th December 2022.
6. Participated in ANNUAL MEDICAL SYMPOSIUM at King Khalid Hospital Education & Training Center-Hail Kingdom of Saudia Arbia on 3rd April 2013.
7. Attended the first OB/GYNE Symposium on "Recent Advantages in High Risk Pregnancy" in the Department of Jazan General Hospital , Ministry of Health Kingdom of Saudi Arabia held in Hayath Hotel ,Jazan ,K.S.A on Feb 14, (2008).
8. Participated in 21st Annual Conference ,Department of Orthopaedic , Govt.Medical college &Hospital Jammu 8th -10th Feb 2002.
9. Participated in CME on "The FOCUSED ASSESSMENT with SONOGRAPHY FOR TRAUMA "on 12-12-2012.

10. Participated on Occasion of World Kidney Day 2013 at King Khalid Hospital, Education & Training centre-Hall ,Kingdom of Saudia Arabia Theme “1st Nephrology kidney Symposium”.
11. Participated in Two Day State level Management Development /Programme (MDP) for Nursing Professional/Doctors/Tutor of Govt. & Private Nursing College /GNM/ANMT Schools of Dist. Doda organized by Academy of Hospital Administration (AHA) india in Collaboration with GMC Doda w.e.f 10-11 January 2023 GMC Doda.

• **PAPER PUBLISHED / PRESENTED**

- 1) Quality of Sleep and Stress:A Dynamic Correlation. Research Article doi: 10.36478/makjnc.2024.1.1.6 Journal Of Neurology Concerns
- 2) Assessment of Anaemia in Patients with DiabeticRetinopathy: A Cross-Sectional Study. Research Article doi: 10.59218/makijtm.2024.3.5.8. International Journal of Tropical Medicine.
- 3) Autonomic Dysfunction in Heart Rate Variability and Spectral Disturbances in COPD Patients: ISSN: 0975-3583, 0976-2833 VOL 15, ISSUE 01, 2024. Journal of Cardiovascular Disease Research.
- 4) Association of Arterial Blood Gas Parameters with Length of Hospital Stay in Children With Acute Severe Asthma. Research Article doi: 10.59218/makijtm.2024.2.90.93. International Journal of Tropical Medicine.
- 5) Symptomatic pleomorphic adenoma of the submandibular gland in a male patient: A case report and review of the literature. .Indian J Case Reports. 2024; March 13.
- 6) Evaluation of the Histopathological Spectrum among Women with Post-Menopausal Bleeding - A Cross-sectional Study. Research Article doi: 10.59218/makrjms.2023.12.122.126. Research Journal of Medical Sciences.
- 7) Incidence and prevalence of Acinetobacter baumannii in south Indian population. International Journal Dental and Medical Sciences Research Volume 3, Issue 5, pp: 1563-1567.
- 8) Comparison of Colistin MIC by Micro broth Dilution, E-Test and Vitek-2, in Isolates of Acinetobacter spp. Isolated from Bloodstream Infections. International Journal of Research and Review DOI: <https://doi.org/10.52403/ijrr.20211228> Vol.8; Issue: 12; December 2021. E-ISSN: 2349-9788; P-ISSN: 2454-2237.
- 9) Covid-19 Disease Outbreak: A Vital & Healthy Review. International Journal of Toxicological and Pharmacological Research 2024; 14(5); 23-32. e-ISSN: 0975-5160, p-ISSN: 2820-2651.
- 10) Vital Analysis of Obese & Overweight Adults: HRV changes, Journal Of Cardiovascular Disease Research, ISSN : 0975-3583, 0976-2833, Vol 15,ISSUE 05,2024.
- 11) Assessment of Clinical Profile and Treatment Outcome of Children With Dengue and Co-Infections Research Article doi: 10.36478/makijtm.2024.2.125.128 International Journal of Tropical Medicine.

References

1. Prof. (Dr.) Dilip Kakru Prof and HOD Microbiology Sher-I-Kashmir Institute of Medical Sciences (SKIMS), Srinagar J&K, India Phone: +919419013330.
2. Dr. Junaid Ahanger Associate Prof Microbiology Department of Microbiology, Government Medical College Baramulla. J&k, India Phone: +918803018578.
3. Dr Safia Khan , HOD Microbiology Department of Microbiology, Government Medical College Doda, J&K , India Phone: +917889415127.
4. Dr Sayed Khursheed Professor Microbiology , SKIMS Medical College, Bemina Srinagar J&K